TABLE 7-1 Con	mparison of Peptide, Stero	oid, and Amino Acid–Der	rived Hormones	
	PEPTIDE HORMONES	STEROID HORMONES	TYROSINE D	ERIVATIVES — Thyroid Hormones
Synthesis and storage	Made in advance; stored in secretory vesicles	Synthesized on demand from precursors	Made in advance; stored in secretory vesicles	Made in advance; precursor stored in secretory vesicles
Release from parent cell	Exocytosis	Simple diffusion	Exocytosis	Simple diffusion
Transport in blood	Dissolved in plasma	Bound to carrier proteins	Dissolved in plasma	Bound to carrier proteins
Half-life	Short	Long	Short	Long
Location of receptor	Cell membrane	Cytoplasm or nucleus; some have membrane receptors also	Cell membrane	Nucleus
Response to receptor- ligand binding	Activation of second messenger systems; may activate genes	Activation of genes for transcription and translation; may have nongenomic actions	Activation of second messenger systems	Activation of genes for transcription and translation
General target response	Modification of existing proteins and induction of new protein synthesis	Induction of new pro- tein synthesis	Modification of ex- isting proteins	Induction of new protein synthesis
Examples	Insulin, parathyroid hormone	Estrogen, androgens, cortisol	Epinephrine, norepi- nephrine	Thyroxine (T ₄)
	hormone	cortisol	nephrine	































