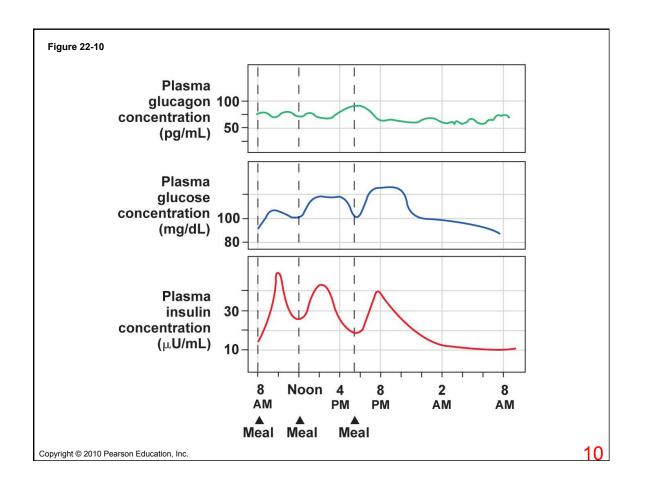
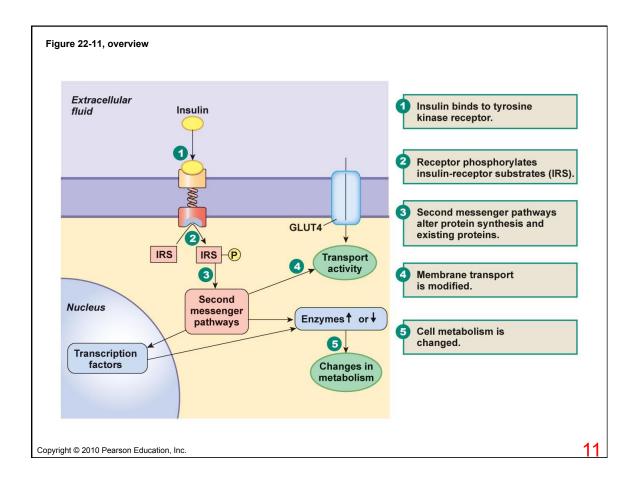
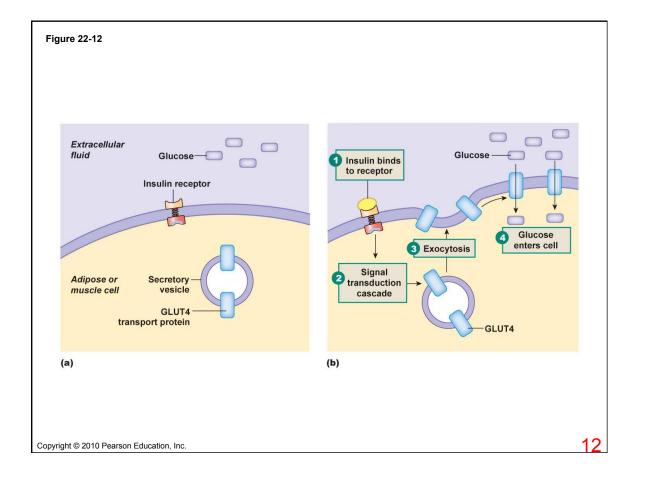


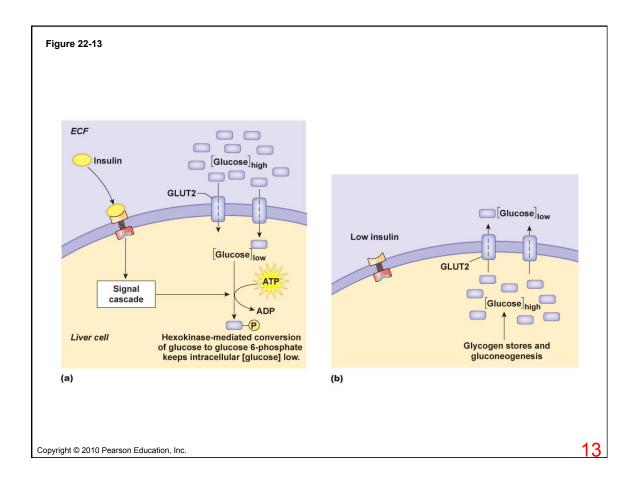
Table 22-2 TABLE 22-2 Fates of Nutrients in the Fed State CARBOHYDRATES (absorbed primarily as glucose) 1. Used immediately for energy through aerobic pathways* 2. Used for lipoprotein synthesis in liver 3. Stored as glycogen in liver and muscle 4. Excess converted to fat and stored in adipose tissue (glucose \rightarrow pyruvate \rightarrow acetyl CoA \rightarrow fatty acids) PROTEINS (absorbed primarily as amino acids) 1. Most amino acids go to tissues for protein synthesis* 2. If needed for energy, amino acids converted in liver to intermediates for aerobic metabolism 3. Excess converted to fat and stored in adipose tissue (amino acids \rightarrow acetyl CoA \rightarrow fatty acids) FATS (absorbed primarily as triglycerides) 1. Stored as fats primarily in liver and adipose tissue* Copyright © 2010 Pearson Education, Inc.

TABLE 22-3	Insulin
Cell of origin	Beta cells of pancreas
Chemical nature	51-amino acid peptide
Biosynthesis	Typical peptide
Transport in the circulation	Dissolved in plasma
Half-life	5 minutes
Factors affecting release	Plasma [glucose] > 100 mg/dL; ↑ blood amino acids; GLP-1 (feedforward reflex). Parasympathetic activity amplifies. Sympathetic activity inhibits.
Target cells or tissues	Liver, muscle, and adipose tissue primar- ily; brain, kidney, and intestine not insu- lin dependent
Target receptor	Membrane receptor with tyrosine kinase activity; pathway with insulin- receptor substrates
Whole body or tissue action	↓ Plasma [glucose] by ↑ transport into cells or ↑ metabolic use of glucose
Action at cellular level	↑ Glycogen synthesis; ↑ aerobic metab- olism of glucose; ↑ protein and triglyc- eride synthesis
Action at molecular level	Inserts GLUT transporters in muscle and adipose cells; alters enzyme activity. Complex signal transduction pathway involved.
Feedback regulation	↓ Plasma [glucose] shuts off insulin release.
Other information	Growth hormone and cortisol are antagonistic.









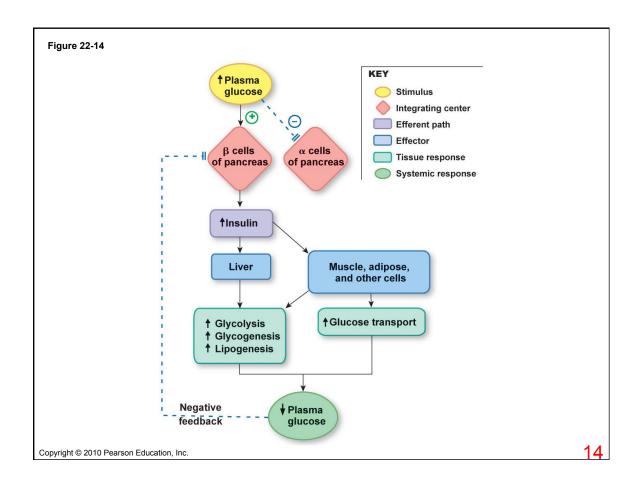


TABLE 22-5	Glucagon
Cell of origin	Alpha cells of pancreas
Chemical nature	29-amino acid peptide
Biosynthesis	Typical peptide
Transport in the circulation	Dissolved in plasma
Half-life	4–6 minutes
Factors affecting release	Enhanced secretion when plasma [glucose] < 65-70 mg/dL; ↑ blood amino acids
Target cells or tissues	Liver primarily
Target receptor/ second messenger	G protein–coupled receptor linked to cAMP
Whole body or tissue action	↑ Plasma [glucose] by glycogenolysis and gluconeogenesis; ↑ lipolysis leads to ketogenesis in liver
Action at molecular level	Alters existing enzymes and stimulates synthesis of new enzymes
Feedback regulation	↑ Plasma [glucose] shuts off glucagon secretion
Other information	Member of secretin family (along with VIP, GIP, and GLP-1)

